

# VIA

## ITALIAN TABLE GLUTEN FREE LUNCH MENU

### APPETIZERS

**CHICKEN ORZO SOUP** Cup 4, Bowl 6  
\*no orzo\*

**JUMBO SHRIMP COCKTAIL (4)** 13  
served with house made cocktail sauce 1/2 Dozen 19, Dozen 36

**P.L.T. & MOZZARELLA** 15  
a tower of fresh prosciutto, lobster meat, tomato, fresh mozzarella, basil and balsamic reduction

**PROSCIUTTO WRAPPED MOZZARELLA** 11  
pan seared, drizzled with balsamic reduction

**HOUSE MADE RICOTTA** 12  
grilled crostini and local honey \*no crostini, substitute cucumber slices\*

**VIA CHOPPED ANTIPASTO SALAD** 15  
diced salami, ham, chicken, provolone, red peppers, feta, celery, black olives, capers, tomato, red onion, Dijon vinaigrette

**MUSSELS IN SMOKY TOMATO BROTH** 13  
\*no crostini\*

**ITALIAN MEAT & CHEESE BOARD** 21  
Prosciutto di Parma, Italian speck, and salami alongside Parmesan, Gorgonzola dolce, and Burratta mozzarella.  
Accompanied by local honey, fig jam, and a whole grain mustard sauce \*no crostini\*

### SALADS

All dinners include Insalata Mista. Add Other salads - 6

**SHRIMP & BEAN SALAD** 14  
arugula topped with cannellini beans, served warm with lemon vinaigrette

**INSALATA MISTA** 6  
mixed greens, house vinaigrette

**GRILLED CAESAR SALAD** 9  
with seasoned Tuscan bread croutons \*no croutons, not grilled\*

**BURRATA CAPRESE SALAD** 9  
fresh burrata mozzarella, tomato, basil and an Extra Virgin Olive Oil Balsamic reduction

**SPINACH AND GRAPE SALAD** 9  
gorgonzola cheese and walnuts with a black pepper honey vinaigrette

**PAN ROASTED SALMON SALAD** 17  
pan roasted North Atlantic salmon over baby arugula, cubed mozzarella, grape tomatoes, pesto vinaigrette, balsamic reduction

### VIA SIGNATURE LUNCHES

**CHICKEN MARSALA** 14  
sautéed chicken breast, prosciutto, and sautéed mushrooms on spaghetti \*gluten free pasta, pan sauce\*

**BUCATINI BOLOGNESE** 13  
rich meat sauce of beef, pork, sausage, a touch of tomato paste and cream \*gluten free pasta\*

**SEAFOOD EN BRODETTO** 16  
mussels, shrimp, calamari and haddock in a spiced tomato and saffron broth, fennel, shaved garlic, fresh basil pesto toast  
\*no toast\*

**SHRIMP SCAMPI** 14  
pan seared shrimp tossed with grape tomatoes, parsley, and a lemon white wine butter sauce served over spaghetti  
\*gluten free pasta, pan sauce\*

**SALMON LIVORNESE** 16  
pan roasted salmon with tomatoes, red onion, kalamata olives, roasted Tuscan potatoes

**TUSCAN HERB & CRUMB CRUSTED HADDOCK** 16  
baked, served with Tuscan roasted potatoes and green beans sautéed with garlic & cherry tomatoes \*no crumbs\*

### PASTA & SAUCE

Your choice of a half or full order of pasta and sauce 10 / 17

**ALFREDO | MARINARA | BASIL PESTO | VODKA SAUCE** \*gluten free pasta\*